


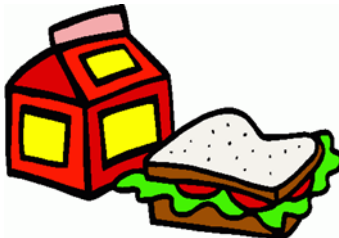
# AUGUST 2017 BREAKFAST MENU

All meals served with low fat milk

| Mon  | Tue  | Wed  | Thu  | Fri  |
|--|--|--|--|--|
|  |  |  | 3 Pop tart<br>Or<br>Cereal<br>Egg patty                                      | 4 Cinni minni<br>Or<br>Cereal<br>Smokie                    |
| 7 Granola bar or Cereal bar<br>Or<br>Cereal<br>Yogurt  | 8 Pancake sausage on a stick & syrup Or<br>Cereal<br>Smokie<br>Fruit | 9 Yeast donut<br>Or<br>Cereal<br>String cheese<br>Fruit  | 10 Egg & biscuit sandwich<br>Or<br>Cereal<br>Sausage patty<br>Fruit          | 11 Mini waffles & syrup<br>Or<br>Cereal<br>Smokie<br>Fruit |
| 14 Pop tart<br>Or<br>Cereal<br>Egg patty<br>Fruit      | 15 Breakfast pizza<br>Or<br>Cereal<br>Smokie<br>Fruit                | 16 Mini donuts<br>Or<br>Cereal<br>String cheese<br>Fruit | 17 Mini chocolate chip french toast & syrup<br>Or<br>Cereal<br>Sausage patty | 18 Variety<br>Or<br>Cereal<br>Smokie<br>Fruit              |
| 21 Granola bar or Cereal bar<br>Or<br>Cereal<br>Yogurt | 22 Mini pancakes & syrup<br>Or<br>Cereal<br>Smokie<br>Fruit          | 23 Honey bun<br>Or<br>Cereal<br>Egg omelet<br>Fruit      | 24 Pancake sausage on a stick & syrup<br>Or<br>Cereal<br>Cheese cubes        | 25 Muffin<br>Or<br>Cereal<br>Sausage patty<br>Fruit        |
| 28 Pop tart<br>Or<br>Cereal<br>Egg patty<br>Fruit      | 29 Cinni minni<br>Or<br>Cereal<br>Sausage patty<br>Fruit             | 30 Mini donuts<br>Or<br>Cereal<br>String cheese<br>Fruit | 31 Breakfast pizza<br>Or<br>Cereal<br>Smokie<br>Fruit                        |  |

# AUGUST 2017 LUNCH MENU

All meals served with low fat milk

| Mon  | Tue   | Wed  | Thu   | Fri  |
|--|---|--|---|--|
|    | <p>Daily entrée option</p> <p>PB&amp;J sandwich, string cheese and cheez its</p>  |  | <p>3 Popcorn chicken &amp; roll or<br/>Ham sandwich<br/>Tater tots<br/>Lettuce</p>  | <p>4 Hamburger on bun or<br/>Chef salad &amp; croutons<br/>Crinkle fries<br/>Fresh veggies &amp; dip<br/>Fruit variety</p> |
| <p>7 Tony's cheese pizza or<br/>Ham sandwich<br/>Green beans<br/>Baby carrots &amp; dip<br/>Fruit variety</p>            | <p>8 Chicken nuggets or<br/>Chef salad &amp; croutons<br/>Potato smiles<br/>Steamed broccoli &amp; cheese<br/>Fruit variety</p> | <p>9 Hot dog on bun or<br/>Rib-b-q on bun<br/>Bake beans<br/>Curly fries<br/>Fruit variety</p>         | <p>10 Chicken &amp; noodles &amp;<br/>yeast roll or<br/>Chef salad &amp; yeast roll<br/>Mashed potatoes<br/>Fresh veggies &amp; dip</p> | <p>11 Pizza bosco or<br/>Ham sandwich<br/>Baked chips<br/>Celery &amp; Peanut butter<br/>Lettuce</p>                       |
| <p>14 Nachos &amp; cheese or<br/>Turkey sandwich<br/>Refried beans<br/>Fresh cauliflower &amp; dip<br/>Fruit variety</p> | <p>15 Chicken patty on bun<br/>or<br/>Chef salad &amp; croutons<br/>Tater tots<br/>Broccoli &amp; dip</p>                       | <p>16 Mini corndogs or<br/>Turkey sandwich<br/>Corn<br/>Cherry tomatoes<br/>Fruit variety</p>          | <p>17 Crispy chicken drum-<br/>stick &amp;<br/>Biscuit or<br/>Chef salad &amp; biscuit<br/>Mashed potatoes</p>                          | <p>18 Toasted cheese sand-<br/>wich or<br/>Turkey sandwich<br/>Sunchips<br/>Green beans</p>                                |
| <p>21 Creamy Mac &amp; cheese<br/>or<br/>Ham sandwich<br/>Corn on cob<br/>Carrots &amp; dip</p>                          | <p>22 Chicken tenders &amp;<br/>bosco or<br/>Chef salad &amp; bosco<br/>Bake beans<br/>Green beans</p>                          | <p>23 Chicken fajita or<br/>Ham sandwich<br/>Lettuce<br/>Cherry tomatoes<br/>Baked chips</p>           | <p>24 French toast sticks &amp;<br/>Sausage patty or<br/>Chef salad &amp; croutons<br/>Tri tater<br/>Fresh veggies &amp; dip</p>        | <p>25 Big Daddy's cheese<br/>pizza or<br/>Ham sandwich<br/>Corn<br/>Cucumbers &amp; dip</p>                                |
| <p>28 Taco meat with baked<br/>scoops &amp; shredded<br/>cheese or<br/>Turkey sandwich<br/>Refried beans and lettuce</p> | <p>29 Country fried steak,<br/>gravy<br/>&amp; biscuit or<br/>Chef salad &amp; biscuit<br/>Mashed potatoes</p>                  | <p>30 Rotini with meat sauce<br/>&amp;<br/>Garlic toast or<br/>Turkey sandwich<br/>Steamed carrots</p> | <p>31 Popcorn chicken &amp; roll<br/>or<br/>Chef salad &amp; roll<br/>Cheesy potatoes<br/>Steamed peas</p>                              |                                       |